

November is Diabetes Awareness Month

Spotlight on: Tom Hanks



Other Observances in November:

November 11th: Veterans Day

November 23rd: National
Adoption Day

November 28th: Thanksgiving
Day

Why we are proud of this individual:

Tom Hanks was Diagnosed with Type 2 Diabetes in the year of 2013. He struggled with his blood sugar for many years. "About 24 million Americans have type 2 diabetes. The chronic condition affects how your body metabolizes glucose (sugar)," according to the American Diabetes Association (ADA). Patients either can't produce enough insulin, a hormone that allows the body to use glucose for energy, or are resistant to its effects. Tom has been trying to help bring more awareness and has continued to do this since he was diagnosed.