

Recreation Center Facilities Policy

Date Effective:

Issued By:

Contact: Student Recreation Center, 814-393-1667

Procedure No.

RECREATION CENTER

- Adhere to posted area-specific rules.
- Recreation building users must wear non-marking shoes.
- Equipment/ physical setups may be assembled, by Rec staff.
- ID requirement is in effect for all users.
- No activities involving projectiles thrown, or otherwise, unless authorized by staff.
- No hanging on backboards, rims or nets.
- It is mandatory to swipe your ID or sign in at the entry desk each time.
- No food or drink may be brought into the Recreation Center. Bottled water is allowed.
- Music must be listened to using earphones only. No open music playing in allowed.
- Foul or offensive language will not be tolerated.
- Appropriate attire is required (shirt, shorts and shoes), clean non marking shoes.
- NO horseplay will be tolerated.
- NO tobacco products allowed.
- The Recreation Center is not responsible for lost or stolen items. Store valuables in lockers.
- All Facility users participate and use equipment at their own risk.

CARDIO/STRENGTH AREA:

See our website for more details on the weight room policies

<http://clarion.edu/student-life/health-fitness-and-wellness/fitness-and-recreation/facilities-and-amenities/weight%20room%20policy.pdf>

- Shirts must be worn at all times
- No Dropping or Slamming Weights
- Wipe down equipment after each use

INDOOR TRACK:

- Track is for exclusive use of walkers and runners.
- Be alert for runners as you enter the track surface.
- Non-marking, spike-free shoes are required.

- Inside lane is a walking lane.
- Outside lane is a running lane - 8 laps/mile.
- Please honor any posted directional signs.

GROUP FITNESS MPR ROOM:

- No gum, food, or beverage permitted. Only water in a sealed container is permitted.
- Store personal items in secure storage.
- Drop-in use is permitted when the room is not in use.
- Workout at your own fitness level.
- Turn off electronic devices during class.
- Instructors may limit class size.

EQUIPMENT CHECK-OUT:

- Rec members are eligible to check-out equipment to be used inside at no charge. (Small fee for outside.)
- All equipment check-out requires the presentation of a valid ID or membership card. The ID or membership card will remain at the entrance desk for the duration of check-out.
- Any equipment reported as lost or damaged will be subject to a replacement fee.