Jaymie Sheehan, ('17) - Mentee

I'll start by saying that I doubt any university puts more effort into ensuring its students success than Clarion University does. From the moment, I began my student career at Clarion the Center for Career and Professional Development, professors, and our alumni have been there to give me the support and advice that have helped shape me into the young professional I am today. From writing a resume as a freshman to accepting a job offer as a senior, they have helped me every step of the way.

The Center for Career and Professional Development doesn't just exist to edit resumes; they sponsor the CUmentor program, hold the annual Professional Development Day and Career Speed Sessions, conduct mock interviews, and are available for one-on-one appointments as needed. Over the course of my 4 years at Clarion University I have taken advantage of almost every service offered by the program. I attended both the Professional



Development Day and Career Speed Sessions and they've made all the difference. In one day, I learned more about searching for a job, negotiating a salary, and networking than I could have ever hoped to learn on my own.

In addition to these events, I've also had several one-on-one appointments where Josh and the rest of the center's staff have helped me with my resume, talked me through applying for jobs and preparing for interviews, and answered all of the questions that I had after I received my job offer. The staff of the Center for Career and Professional Development have always been there for me; whether I needed career guidance, advice before an interview, or just for someone to listen and provide reassurance. I can't put into words how much this program has helped me, and it is my hope that every student at Clarion University receives the same help that I did.

The Center for Career and Professional Development has had a significant impact on my life, both professionally and personally, and I am grateful that it exists. I believe that it gives Clarion University students a huge advantage when searching for internships and jobs. I strongly recommend that all students, regardless of their major, utilize the services provided by the center. Whether you need help picking a future career, advice on how to accept your first job, or anything in between the Center for Career and Professional Development will be there to help you. All you need to do is sign up to attend an event or schedule an appointment. I'm confident that you will benefit from their services just as much as I did.