

Clarion University Intramural Sports

Dodgeball Rules

It is assumed that all Intramural Participants have read all policies and procedures in the [Intramural Sports Handbook](#). The purpose of this Handbook is to assure equitable and enjoyable participation as possible for all participants at Clarion University. All participants, referees and staff are responsible for all of this information

Players:

- Games are played with six (6) players
- Must have a minimum of three (3) females on the court at all times in coed play
- Roster limit for all teams in eight (8) players
- You may start a game with a minimum of three (3) players

Gameplay:

- Games are played in a best of five (5) series
- Games are played on a basketball court in the Rec
- The dividing line for each team is the half court line, which remains neutral
- Players may reach over half court but not run over the line
- Balls considered out of play will be placed on the center line by officials, making them available to either team
- The game is won if all players from one team are out or whoever has the most participants in play after the five (5) minute time limit (per game)
- **ONLY FEMALES ARE ALLOWED TO THROW THE SMALL BALLS IN COED PLAY**
 - Any male throwing the small balls will be considered out

Rules:

- Six (6) balls will be placed on the half court line to start
 - Officials will blow a whistle starting each game
- The object of the game is to throw the ball at an opponent and strike them anywhere between the shoulders and feet
- **Outs:**
 - A player throws a ball that hits an opponent anywhere between the shoulders and feet
 - When throwing a ball at the other team, a player may not hit them in the head or step over the half court line
 - If either occurs, the opposing player will remain in
 - If a player ducks or takes a position with their head below where their shoulders normally would be when standing (i.e. crouching, kneeling, rolling, etc.) the player is out and the throw will be considered legal
 - A live thrown ball is caught by a defending player- the player who threw the ball is out
 - The team which caught the ball may return one (1) player who was already out
 - Should a catch be made after the ball has hit a player but not yet hit the ground, the catch is legal and only the thrower is out
 - A legal catch must be made in the court of play
 - A player drops a held ball as a result of contact by a thrown ball is out
 - A player leaving the court to avoid being hit or to "hide" is out- both feet must remain in

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- Exception- any player leaves the area to retrieve a stray ball
- Once a player is out, they must immediately drop any balls and exit the playing field
 - Players that are out may retrieve balls from their team's half of the court only and hand them to their players still in the game
- Catches bouncing off the ceiling, dividers or walls will not result in an out

Overtime:

- A game can end in a tie if:
 - Each team has the same amount of players left after the 5 minutes
 - Or the last remaining players from each team were to hit each other simultaneously
- Each team will select one (1) player to face off in a sudden death match
 - Each player will get one ball and must stay between the 10-ft volleyball line on opposite sides of half court
 - The first player to get the other out will win the game for their team
 - If a ball is thrown beyond the volleyball lines, it is up to teammates of that player to retrieve the ball and get it back to their sudden death player